

Bournemouth & Poole College Fit Rooms Membership Details

Price List

Full Membership £50 which entitles you to use all our facilities, all fitness classes and hall bookings for sports activities

Pay As You Go Membership, payments options:

£5 Gym Induction and members' card

£2 per booking (60 mins):

- Fit Gym and weights room
- Fit Studio
- Spinning, Circuits
- Volleyball, 3 aside football, Badminton, Short Tennis, Basketball

We do offer termly and half termly payment options (please see Fit Rooms reception for further details)

Extras:

- 5 Personal Training Sessions £30
- Individual session Personal Training Sessions £5

We are also running some evening part-time courses this academic year which start at various points:

- Fitness Instructor Level 2
- Personal Trainer Level 3
- Sports Massage Therapy Level 3
- Studio Cycling
- Kettle Bells
- Circuits

<http://www.thecollege.co.uk/search?query=fitness>

