

The Course

In brief...

Many people find it helpful to seek counselling at some point in their lives, and a counsellor can provide support for people in all sorts of situations. This qualification aims to introduce learners to the use of counselling skills in everyday life and work, and some of the approaches that underpin the use of these skills. This course gives learners the opportunity to investigate the knowledge and skills needed to use counselling skills and engage in a helping interaction appropriately. You will also be taught about counselling theory and the ethical framework that informs how counsellors use their skills.

Whether you're interested in learning for work, career progression or self-development, our range of nationally recognised courses provide a flexible blended approach to your learning.

Our Enrolment Process is completely online and you will be assisted every step of the way by one of our team members.

If you require any further information, please call James Sewell on direct line 01202 205800 or email on sewellj@bpc.ac.uk

Who is it for?

Courses are open to everyone who are 19+ and lived in the EU for the past 3 years. For each course, learners receive a hard copy of their chosen learning pack to support the on line platform, which contains all the theory and knowledge a learner will need to achieve these level 2 qualifications. There is no limit on the amount of courses that can be undertaken, but you will need to complete one course at a time.

The duration of the course is 4 months and we recommend to around 2-3 hours per week to self study.

Please select from the booking menu the day and time you would like to attend one of our enrolment sessions. These sessions will last for one hour and will include the issue of your learning pack and an explanation of how the online training will take place.

What the Course Leads to

What courses can I do after this?

- Lean Organisation Management Techniques
- Principles of Customer Service
- Principles of Business and Administration
- Principles of Team Leading
- Retail Operations
- Principles of Warehousing and Storage
- Equality and Diversity
- Understanding Safeguarding and Prevent Programme
- Awareness of Mental Health Problems

Key Information

Duration 4 Months Attendance Online Level Other Courses Qualification Name Certificate Awarding Body CACHE

- Certificate in Understanding Children and Young People's Mental Health
- Understanding Specific Learning Difficulties
- Understanding Care & Management of Diabetes
- Understanding Behaviour that Challenges
- Understanding Autism
- Principles of Dementia Care

What do I need to apply

To do this course you should have...

Whether you're interested in learning for work, career progression or self-development, our range of nationally recognised courses provide a flexible blended approach to your learning.

Course costs

Costs

Please Apply Now using our Online Enquiry Form - Web link https://www.thecollege.co.uk/adult-skills/free-online-courses

Our Enrolment Process is complete online and you will be assisted every step of the way by one of our team members.

If you require any further information, please call James Sewell on direct line 01202 205800 or email on <u>sewellj@bpc.ac.uk</u>

Associated Costs

These courses are offered 'free' on the proviso that the course is completed. If you fail to complete any course, you will be liable to pay a $\pounds 125.00$ Administrative Fee.

Course Content

Course Content

What you will learn:

- Unit 1 Describe how core counselling skills can be used in a counselling relationship and in other helping activities.
- Unit 2 Describe how counselling theory underpins the use of counselling skills.
- Unit 3 Describe how the ethical framework informs own use of counselling skills.
- Unit 4 Describe how to develop skills and qualities in the future.

This qualification does not qualify learners to practise as a counsellor.

Next Steps ... Email: enquines of herolege, could Telephone: 01202 205205 Web: www.thecolege.co.uk Live chat available on the website

