



The Course

In brief...

Around 450 million people currently experience mental health problems. Recent reports suggest that over 12 million working days were lost due to work-related stress, depression or anxiety in just one year. It's important that employers are transparent and open about mental health issues. Increasing the understanding of mental health among staff at all levels builds a culture of care and support. In this fully online course, you'll build an understanding of mental health problems and the support available in the workplace. You will learn how to support individuals with their mental health, as well as what a mentally healthy environment is like.

Whether you're interested in learning for work, career progression or self development, our range of nationally recognised courses provide a flexible blended approach to your learning.

Our Enrolment Process is completely online and you will be assisted every step of the way by one of our team members.

If you require any further information, please call James Sewell on direct line 01202 205800 or email on [sewellj@bpc.ac.uk](mailto:sewellj@bpc.ac.uk)

**Who is it for?**

These funded courses are available for anyone that is 19 years old and over, that have lived in the EU/UK for the past 3 years.

What the Course Leads to

**What courses can I do after this?**

At the College we currently have exciting Adult (+19 years of age) training and development opportunities available; we are offering a full range of blended online distance learning qualifications.

**Qualifications on offer:**

- Lean Organisation Management Techniques
- Principles of Customer Service
- Principles of Business and Administration
- Principles of Team Leading
- Retail Operations
- Principles of Warehousing and Storage
- Equality and Diversity
- Understanding Safeguarding and Prevent Programme
- Awareness of Mental Health Problems
- Certificate in Understanding Children and Young People's Mental Health

## Key Information

**Duration**

4 Months

**Attendance**

Online

**Level**

Other Courses

**Qualification Name**

Certificate

**Awarding Body**

CACHE

- Understanding Specific Learning Difficulties
- Understanding Care & Management of Diabetes
- Understanding Behaviour that Challenges
- Understanding Autism
- Principles of Dementia Care

What do I need to apply

To do this course you should have...

No previous experience or knowledge of this subject is required.

Course costs

### Costs

These courses are offered 'free' on the proviso that the course is completed. If you fail to complete any course, you will be liable to pay a £125.00 administrative fee.

Please Apply Now using our Online Enquiry Form - Web link <https://www.thecollege.co.uk/adult-skills/free-online-courses>

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Course Content

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For each qualification the learner receives a hard copy/learning pack, which contains all the theory and knowledge a learner will need to achieve these Level 2 qualifications. We use a online learning platform known as eAssessor to submit your answers to the course, the course is broken into topics/sections and you submit your studies to your assessor for feedback as you work your way through.

What you will learn:

- Exploring mental health
- Understand how to support individuals with mental ill health
- Understand a mentally healthy environment

### Next Steps ...

Email: [enquiries@thecollege.co.uk](mailto:enquiries@thecollege.co.uk)

Telephone: 01202 205205

Web: [www.thecollege.co.uk](http://www.thecollege.co.uk)

Live chat available on the website

