



## ILM Award in Effective Coaching - Level 3

Inspiring Lives, Discovering Futures

### The Course

#### In brief...

Successful organisations create a workplace environment where individuals can show initiative, take responsibility and feel empowered to take measured risks. Coaching is one of the most powerful and cost effective tools for developing individual and organisational performance. This Award is designed for Managers and will add to their knowledge, management skills and effectiveness.

Candidates will have studying membership of the ILM for 6 months. Visit <http://www.il-m.com> to find out more about the Institute of Leadership and Management.

#### What the Course Leads to

#### What courses can I do after this?

Candidates who successfully complete the ILM Level 3 Award in Effective Coaching may progress on to the Certificate for Professional Workplace Coaches by completing an additional unit "Undertaking an extended period of supervised coaching in the workplace".

#### What do I need to apply

#### To do this course you should have...

#### Course costs

Course Code	Start Date	Costs 16-18	Costs 19-23 (with concessions)	Costs 19+ (no concessions)
SQN3PZ0039	TBC	TBC	TBC	TBC

\* Please note fees are subject to change.

#### Costs

£425.00 to include ILM registration and certification.

#### Course Content

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#### Benefits of coaching

The difference between coaching, mentoring and instruction

How to coach different personalities

Question techniques

Active listening skills

Setting and agreeing objectives

Preparing for a coaching session

The GROW model

Assessment techniques

Giving and receiving feedback

Personal reflective practice

### Key Information

#### Duration

3 Weeks

#### Attendance

Part-time

#### Level

Level 3

#### Qualification Name

Level 3 Award

#### Awarding Body

ILM

This programme will be delivered in 3 x 4 hour workshops that will include a coaching diary and assignment workshop.

Next Steps ...

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Telephone: 01202 205205

Web: [www.thecollege.co.uk](http://www.thecollege.co.uk)

Live chat available on the website

