

# Bournemouth & Poole College

Published on *Bournemouth and Poole College* (<https://www.thecollege.co.uk>)

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Thursday, 14 January 2021

Bournemouth & Poole College has launched a new online programme, 'Little Things Matter at BPC', which offers students the opportunity to keep active and engaged whilst studying from home.

Hosted on Microsoft Teams, 'Little Things Matter at BPC' is a programme of exciting online activities aimed at helping look after our students' wellbeing throughout lockdown. These activities range from online drop in sessions and quizzes to interactive workouts!

Lloyd Perry, Head of Student Support said: "Engaging with our students has always been a priority but with the shift to online learning, we've had to think of new and creative ways to reach out to our students. Little Things Matter at BPC is a great opportunity for students to feel connected and keep active whilst they're working from home. We're thrilled to be able to offer this programme of activities during this period of lockdown and hope that our students enjoy getting involved!"

Little Things Matter at BPC will be running until February half-term, so there is plenty of time for students to get involved.

For the full programme of activities and timetable, please click [here](#)

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