

## Get back into work

### Feeling out of the loop?

Studying can help you get back into the swing of things.

If you've been out of the work place for a while, perhaps you've taken a career break or taken time to look after the kids, just thinking about returning to the work environment can seem daunting. But it doesn't have to be. Gaining a new qualification or updating your skills can really help you stand out from other applicants in job interviews. You'll grow in confidence and meet new people too.

#### Flexible options to fit around you

Coming to college doesn't mean studying five days a week, as we have lots of options that can fit around you and your commitments. You could attend one night a week, one day a week, or even three. It really depends on the course you want to study and what you want to achieve.

#### Your next steps

- ▶ [Study options](#)

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- ▶ [Find out about funding and finance](#)

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- ▶ [Understanding qualifications](#)

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- ▶ [Learning support](#)

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- ▶ [Advice and guidance](#)

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- ▶ [Open Events](#)

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- ▶ [Applying](#)

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