

Business Essentials

Get up-to-date on all the hot business topics

A series of informative workshops at The College

business



The College has teamed up with local business advisors to deliver a series of workshops on useful topics. These are free to attend and take place at The College's Bournemouth or Poole campuses. Booking is essential - reserve your place by calling 01202 205500 or emailing be@thecollege.co.uk

Business Essentials 2015

Stress to Success - Leadership in Challenging Times

Krishan Ramyeed, Doctor of Chiropractic, THRIVE Chiropractic

Wednesday 14th October, 4-6pm, Poole

There is perhaps no greater skill than being able to lead yourselves and others to a greater vision. This is perhaps the most rewarding, fulfilling and possibly lucrative activity that we can engage in...and the most challenging!

However, there are patterns and secrets that great leaders use that are available to all. In this powerful talk we will identify these patterns and what could be holding you back from harnessing them now! Get the absolute most out of your employees and yourself. **See below for more information.**

Employment Contracts - Their Importance and What to Include

Nicky Cooksley, HR & Training Doctor Ltd

Wednesday 11th November, 4-6pm, Poole

A well written and enforceable Employment Contract is essential for setting out the rights and obligations of both parties in an employment relationship. Far more robust than a Written Statement of Particulars, a carefully drafted Employment Contract offers greater levels of protection to both employer and employee, reducing the risk of disputes both during employment and after it has ended.

In this session, we welcome back Nicky Cooksley of HR & Training Doctor Ltd. Nicky will outline the importance of well written and enforceable Employment Contracts and share insight on both the basic and key clauses to include. The session will also cover different types of contracts such as zero hours and term time only, amending contracts, drafting and using Restrictive Covenants which put in place post-termination employment restrictions, whether making a benefit "discretionary" is worth it, and how contractual changes can come about inadvertently through custom and practice. **See below for more information.**

About Krishan and Nicky



[THRIVE](#) Chiropractic. A dynamic and inspiring speaker, Dr. Krishan's approach to leadership is unique to many other coaching organisations out there. With a cutting-edge approach to physical, mental and emotional wellbeing, he has over 10 years' experience and has helped people from over 20 countries around the world.

[HR & Training Doctor Ltd.](#) As well as being an experienced HR Consultant, Nicky is well known for her ability to make talks about rather heavy topics both interesting and easy to understand. HR & Training Doctor Ltd is an independent HR and Training Consultancy which works with SME businesses primarily across Dorset & Hampshire.



Feedback

'Excellent for people new to networking and for online options' (A Guide to Professional Networking) - Maria Tidy, Lewis Manning

'Very well presented, resourceful and interesting' (Marketing for non-Marketeers) - Kasia Bigda, IA Digital

'The (Leadership) workshop re-ignited my passion for leadership. I will be introducing many of the ideas to my colleagues to improve our workplace' - Kim Cowell, Avon Reach Colten Care

'Thank you for providing an inspiring session' - Jackie O'Connor, East Dorset District Council

'A good reminder of the basic goal setting to succeed. Perfect timing to think about the things that were put across' - Gina Jo Parry, Move On Rentals

Attachment	Size
 Stress to Success 14 October 15	299.45 KB
 Employment Contracts 11 November 15	304.25 KB