

College Mental Health Awareness Week

Mental health problems are a growing public health concern. They are prevalent not just in the UK, but around the world. Within this week at college we aim for students and staff to openly talk about mental health, as well as learn techniques to improve and promote positive mental health.

Monday 15th October - Friday 19th October



Monday, 15 October, 2018 - 09:00 to Friday, 19 October, 2018 - 17:00