



Counselling - Diploma in Therapeutic Counselling Level 4 Year 1

Inspiring Lives, Discovering Futures

The Course

In brief...

This qualification is intended for candidates who want to train to become a counsellor working in a counselling service agency. Successful completion of this course means that the trainees will be able to provide a therapeutic counselling service within the context of an agency's service framework. Over the two years this course provides at least 420 hours of Humanistic Integrative training.

For details on the next course please email Chloe at neilsonc@bpc.ac.uk

In addition to the normal College attendance hours (one day a week 09.30 - 16.30) you will need time and additional finance for the following:

- Counselling placement - students find their own placement with the support of the course tutors and the college has strong links with many local counselling and volunteer organisations
- Client work - a minimum of 100 client hours throughout the duration of the course
- Supervision - is usually provided within the placement (90 minutes a month)
- Personal Therapy - a minimum of 40 sessions of personal therapy on a weekly continuous basis with the same therapist. (Costs of therapy are met by the student)
- Personal study and research
- Books and study materials

Key Information

Duration

2 Years

Attendance

Part-time

Level

Level 4

Qualification Name

Diploma

Awarding Body

Counselling & Psychotherapy
Central Awarding Body

Curriculum Area

Science, Care, Health and
Foundation - Science, Health
and Humanities

What the Course Leads to

What courses can I do after this?

Level 5 CBT

Foundation Degree in conjunction with the Open University

Higher Education / Honours Degree courses

What do I need to apply

To do this course you should have...

You will need to attend an interview and have successfully completed the Counselling and Psychotherapy Central Awarding Body courses of Certificate in Counselling Skills and Certificate in Counselling Studies or equivalent skills and theory training of at least 165 hours.

The College take the health, safety and well being of students very seriously. If you have recently experienced a significant life event (e.g. bereavement, divorce, arrest, court proceedings, etc.), are currently suffering or recovering from a serious medical condition, are being treated for mental health problems or if you are in recovery from addiction and are less than two years clean and dry you must discuss this with the tutors before applying for the course. Failure to do so would be a breach of integrity and could prevent successful completion of the course.

Applicants must have a suitable level of literacy in English, for students who use English as a second language evidence of IELTS

of 7 is needed.

You need to be aware that the course involves experiential elements which will involve personal disclosure and associated personal development activities.

Where applicable, we do not allow applicants to join this course with partner.

For more information about the course please select/click 'I need more help choosing my course' and send us your contact details and your question and we will call / email you

Course costs

Course Code	Start Date	Costs 16-18	Costs 19-23 (with concessions)	Costs 19+ (no concessions)
BP00214	04/09/2023	N/A	£2180.00	£2180.00

* Please note fees are subject to change.

Costs

£2180 per year.

Associated Costs

Personal therapy\ 40 weekly consecutive sessions.

Books - All students are required to purchase their own books (8-10 minimum) to be used in conjunction with this course.

BACP Membership - All students are required to join BACP at the beginning of the course.

Course Content

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The course has 7 units in which competency has to be demonstrated these units are:-

- Working ethically, safely and professionally as a counsellor
- Working within a counselling relationship
- Working with client diversity in counselling work
- Working within a user-centred approach to counselling
- Working with self-awareness in the counselling process
- Working within a coherent framework of counselling theory and skills
- Working self-reflectively as a counsellor

The core approach of the course is humanistic, this includes Person Centred, Existential, Transactional Analysis and Gestalt approaches to counselling. Full details of course content are available from tutors.

Next Steps ...

Email: enquiries@thecollege.co.uk

Telephone: 01202 205205

Web: www.thecollege.co.uk

Live chat available on the website

